

PHYSICAL ABUSE

- According to the AMEND Workbook for Ending Violent Behavior, physical abuse is any physically aggressive behavior, withholding of physical needs, indirect physically harmful behavior, or threat of physical abuse. This may include but is not limited to:
- Hitting, kicking, biting, slapping, shaking, pushing, pulling, punching, choking, beating, scratching, pinching, pulling hair, stabbing, shooting, drowning, burning, hitting with an object, threatening with a weapon, or threatening to physically assault.
- Withholding of physical needs including interruption of sleep or meals, denying money, food, transportation, or help if sick or injured, locking victim into or out of the house, refusing to give or rationing necessities.
- Abusing, injuring, or threatening to injure others like children, pets, or special property.
- Forcible physical restraint against her will, being trapped in a room or having her exit blocked, being held down.
- The batterer hitting or kicking walls, doors, or other inanimate objects during an argument, throwing things in anger, destruction of property.
- Holding the victim hostage.

